

The Learning Center for Families 8th Annual



Run 4 Kids

10k, 5k Run and 1k walk/run
Saturday, April 12th, 2008
St. George Marathon runner series
qualifier

10k and 5k will be competitive with prizes awarded to overall winners in male and female categories plus three deep in each age division. Runnecard timing system will time both races and participants will be able to see their individual results just moments after finishing the race. Races will begin at 8 am.

1k walk/run is a non-competitive fun activity for parents and children of all ages and abilities and will begin at 7:30 am. Each child will receive a finisher medal, prize and refreshments.

Courses: All three events will be held at Coral Canyon in Washington. Please meet at Zion-Harley Davidson.

Registration Information and fees: Register at Active.com, runnecard.com or go to run-4-kids.com to download registration form or for additional information.

Mail registration form to:

Run 4 Kids

641 N. 1620 W.

St. George, Utah 84770

Entry fees are: 10k-\$20, 5k-\$15, 1k-\$10. After April 7th registration fee increases \$20. No day of race fee registration. To reserve your spot and guarantee a shirt sign up by April 7th. Also, long sleeved shirts are available for an additional \$5.

Please make checks payable to: Friends of TLC.

Packets will be available to pick-up at St. George Rec. Center, Friday, April 11th 285 S. 400 E., St. George from 4 p.m.-7 p.m.

For more information please call Jolynn at 656-9046 or 862-3472.

100% of the proceeds will be donated to The Learning Center for Families: a non-profit agency in Washington County that provides support for educational services to families of children, ages birth to three with significant challenges to their health and development.

Registration Form

Runner's birth date _____ Age on day of race _____

Name: _____ sex: M or F

Address: _____

City _____ State: _____ zip: _____

Phone: _____

Shirt type and size (circle one): long sleeve or short sleeve
Adult: XL L M S Youth: L M S XS

I will be running the: 10k 5k 1k

Circle your age division: 10 & under 11-14 15-19 20-24 25-29
30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74
75+

All competitors participate at your own risk. If in doubt of your physical condition for the 10k, 5k or 1k it is strongly recommended you seek the advice of a competent physician and abide by his/her advice. All persons under 18 years of age must have a written consent by parents or legal guardian.

In consideration of the privilege granted me in the 2008 Run 4 Kids 10k, 5k and 1k I hereby for myself waive and release any and all injuries or ailments or other n suffered by me in the Run 4 Kids 10k, 5k or 1k.

Signature: _____

Signature of parent or legal guardian: _____

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